



FREE  
**1.0**  
RN | CE  
RD | CPEU

## Eat, Sleep, Console

ORIGINALLY PRESENTED AS A LIVE WEBINAR ON APRIL 29, 2021

### LEARNING OBJECTIVES:

- Compare and contrast the modified Finnegan Assessment Scale (FNASS) to the Eat, Sleep, Console (ESC) Assessment Scale.
- Summarize and review emerging research on the ESC method for Neonatal Abstinence Syndrome (NAS) infants.
- List consoling support interventions.
- Discuss implementation strategies for ESC.

### SPEAKER:



**HEAVEN  
HOLDBROOKS**

PNP, CNS, RNC-NIC

Clinical Nurse Specialist

Southern CA, USA

### MEETING INFORMATION:

Date:

Time:

Location:

Please join your local leaders of AWHONN and Abbott Similac Reps for a dinner and web-based continuing education opportunity. We look forward to an evening of education, peer engagement & networking.

RSVP  
TO:



Visit [anhi.org](https://anhi.org) to learn more about our nutrition science education and resources

**Contact your Abbott Nutrition representative to schedule a CE program in your facility**

Participants can only claim credit for one of the learning formats (live program or self-study). To receive credit for the self-study program, participants must complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213. This educational activity awards CPEUs in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

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