

COLORADO AWHONN

SECTION NEWSLETTER

Volume 6, Issue 3

November 2018

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AWHONN

Mission:

Promote the health of
women and newborns

AWHONN National

Goals:

Public visibility
Knowledge transfer
Build membership

CO AWHONN

Goals:

Promote member
engagement through
partnerships



Section Chair Report

Hello Colorado AWHONN Members & Friends!

It is with much gratitude that I write this AWHONN newsletter article. Our Colorado Section has so much to offer through education and networking. I am proud to be a part of this organization!

Our Colorado Section has enjoyed an amazing year with two outstanding conferences and several chapter meetings. Since our last newsletter, we have sponsored two impressive events. In August, St. Mary's and the

western chapter hosted Lisa

Miller for a discussion around legal issues in the perinatal setting. Lisa was inspiring, engaging and insightful. Her practical tips gave us ideas to improve both our documentation and communication.

In October, we joined with our colleagues (obstetricians, midwives, anesthesiologists and family practice providers) to sponsor the 5th Harvey Cohen Maternal Morbidity & Mortality (MMM) conference at the CU south campus. There were over 400 perinatal care providers in attendance!! The cases were thought provoking and the venue was fantastic. This is one of my personal favorite educational events of the year. Planning has already started for the 2019 event. Watch for specific details so you can mark your calendars and make an effort to attend the 2019 MMM Conference.

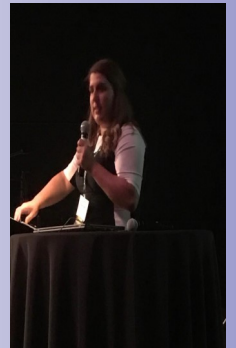
We are also in the process of planning our April Colorado Section conference. This year we will be at the Antlers Hotel in Colorado Springs on April 25th (evening) and April 26th (all day). We have a wonderful planning team and this year's conference promises to offer amazing speakers and a great hotel to host the event. I am especially excited about Thursday night when we will provide topic-based small group dinners at local restaurants in downtown Colorado Springs. What a creative idea to promote education, discussion and an opportunity to meet new members!!

As we head into this holiday season, I give thanks for each one of the Colorado members I have been fortunate to meet and work with during my two years as your Colorado Section Chair. It has been an honor to serve in this capacity and I certainly have learned a lot about our organization and the amazing nurses we have throughout this state. I am pleased to pass the baton to Izzi Campanella who is excited to take on the role of state chair in 2019. Izzi will in turn, hand me her baton and I will continue to lead as the Denver chapter coordinator. I look forward to seeing many of you at our upcoming 2019 events.

Thank you for the opportunity to be your CO AWHONN Section Chair these past two years!!

Blessings,

Amy Dempsey MSN, RNC



Secretary/Treasurer Update



Welcome to Fall CO AWHONN Members!

Starting in November, AWHONN headquarters will begin working with each section to transition our local bank accounts into one centralized account that will be managed at headquarters. This change will cut down on much of the administrative work the sections currently do to manage and transition financial accounts during leadership changes. The new system will allow AWHONN headquarters to pay all of our section invoices through a cloud based system called Bill.com, deposit checks and process any credit card payments, and eliminate our need to submit quarterly reports. We will continue to have full access to our section funds in the new account.

This transition will streamline the accounting functions for our section, and most importantly, it will allow us to focus on what is important- serving our Colorado section members!

The Colorado section transition is scheduled to begin in January 2019. This will coincide with our time-frame for accepting exhibitor payments for our 2019 conference. While this process may be a bit of a challenge initially (change is always difficult!), it will prove beneficial for both our section and our conference. This system will eliminate the often steep fees charged to our section for using financial platforms such as PayPal to process exhibitor payments. The funds saved will be directly applied to supporting our annual conference.

I am optimistic that once in place this change will be a welcome addition to the way we do business!

Looking forward to sharing with you the amount saved by avoiding processing fees!

Until then!

Rachelle Woods MSN, RN

Legislative Happenings



Hello CO AWHONN Members!

Please allow me to introduce myself; I am Michele (Mic) Zywiec the new legislative coordinator for Colorado AWOHNN. I have been a nurse for 28 years, all which have been in Women's health including labor and delivery, reproductive medicine, NICU and postpartum. I am currently the director of Family Birthplace in Glenwood Springs Colorado. I am very passionate about women's health and the thought of being able to help educate and take part in the legislation of women's health is very exciting for me. If you are interested and would like to be added to the legislative email list, please contact me. My contact information is listed below.

In July the Colorado House Bill 18-1006 passed. This is the bill that enforces the Colorado screening exams. It discusses metabolic screening and hearing screening that are mandated. There are minimal changes. As healthcare providers we should provide education to parents to help ensure testing is done on newborns. At a recent event, the state provided information that the state will pay for further testing for infants that have positive results to help the parents get the care their infant requires.

In July the U.S. House passed the Nursing Workforce Reauthorization Act. It will support the nursing workforce development programs through 2022. This bill supports recruitment, retention and advanced education of skilled nursing professionals.

AWHONN has signed a letter to US senators opposing the confirmation of Judge Brett Kavanaugh to the US Supreme Court. His record indicates he is opposed in his judicial and constitutional philosophy to reproductive rights and access to healthcare that would affect AWHONN positions.

On August 28 Lynn Johnson of Jefferson County Colorado was appointed to be Assistant Secretary of Family Support at the Department of Health and Human Services. She will be overseeing the Administration for Children and Families and the Office of Refugee Resettlement.

Until next time!

Michele (Mic) Zywiec MSN, RN, BC-OB

Michele.zywiec@vvh.org or miczywiec@yahoo.com

Membership Matters

Membership Matters November 2018

Our Colorado Section now has nearly 600 members. That's a lot.

But did you know that AWHONN has identified an additional 1000 nurses that we need to join our Colorado ranks? We would like to bring ALL those nurses into our fold. Encourage your colleagues to join AWHONN.

We are sold on our professional organization. That is clear. We want our co-workers to join as well.

And yes, there are prizes to be won for recruiting members, too! For starters, if you recruit just 3 new members, your own annual membership will be FREE the next time you renew.



Regular/Full membership: Nurses and other interested parties, receiving all member benefits. RNs may vote and hold office and serve on Committees. **Dues - \$216 annually.** For all who prefer to provide a credit/debit card for automatic monthly withdrawal, the monthly debit amount is \$19/month.

E-members: Nurses and other interested parties, receiving partial membership benefits only. May not vote or hold office. The e-members will not receive the member discount at National Convention. These members will have partial website access and receive electronic notices from our Colorado Section and the AWHONN national emails. **Dues - \$96**

Student: This membership fee has decreased. Must be full-time undergraduate student and must produce proof of current enrollment in a nursing program (undergraduate) each year. Students may not vote or hold office. **Dues - \$60**

Retired: A retired member must be at least 65 years old and no longer working. A minimum of three years of previous Regular/Full AWHONN membership is required. Retired members receive partial benefits, and do not have voting privileges. **Dues - \$96**

Please, encourage your colleagues to join AWHONN! Here's a handy brochure you can show them: https://cdn.ymaws.com/www.awhonn.org/resource/resmgr/Membership/Updated_AWHONN_Membership_Br.pdf

Or go straight to the online application here: <https://www.awhonn.org/page/BecomeAMember>

I am always here as a resource, so please don't hesitate to reach out to me!

Nicole Downs BS, BSN, RNC-OB, C-EFM
Nicole@3downs.com

Communications Coordinator

Happy Fall CO AWHONN Members!

We have had such a wonderful year with all of the educational and networking opportunities AWHONN has provided. I know I've personally traveled all over our beautiful state to take advantage of these opportunities!

As we start looking ahead to 2019 the CO AWHONN leadership team is busy planning our next section meetings and our state conference. I highly encourage each of you reach out and to become more involved with your local chapter. AWHONN opens so many doors and provides so many opportunities to connect with nurses, just like yourselves, in your own areas.

Facebook is also an amazing avenue for us to contact one another. I highly encourage you to join the CO AWHONN Facebook page to stay current on what is going on with CO AWHONN!

I always welcome any questions, comments, or ideas!

Rainy Tieman DNP, MSN/Ed, RNC-MNN, RNC-OB, C-EFM

RainyTieman@gmail.com



Evidence-Based Practice

Hello everyone, and welcome to the Evidenced Based Practice section of the newsletter.

Recent Conferences: Nurse Educator's Conference In the Rockies. This was the first time I had attended this conference and it was a great resource for looking at how to engage your audience, methods for teaching and simulation. What is evident and the most challenging with projects is keeping everyone engaged. What I learned from this conference is to continue to find different methods and tools to keep the momentum of change going and your audience connected to the topic.

In October I attended the Annual Harvey Cohen MD Maternal Morbidity & Mortality Summit which covered varying topics and critical moments on some of the biggest issues such as mental health, hemorrhage, and obesity. I am always amazed when listening to the speakers explain the harrowing events and how they formulate a plan to provide the safest patient care. What makes this conference special is how the information is presented, what we know about the issue, and what was learned from the event.

How about that Magnet conference? I was not able to attend the Magnet conference but I would love to hear from our readers on what you loved about the conference.

Future Conferences:

The new year is coming around the corner and of course New Year resolutions. Make a new year resolution on how you can become more engaged in-patient care and your specialty. Suggestions would be to find a conference, join a committee or try a literature research. Did you know that you can use Google Scholar and search for articles? What are some conferences that are coming up?

April in Colorado: AWHONN conference

April In New Orleans: 20th Annual National Conference on Fetal Monitoring (Symposium Medicus), Lisa Miller will be presenting at this conference.

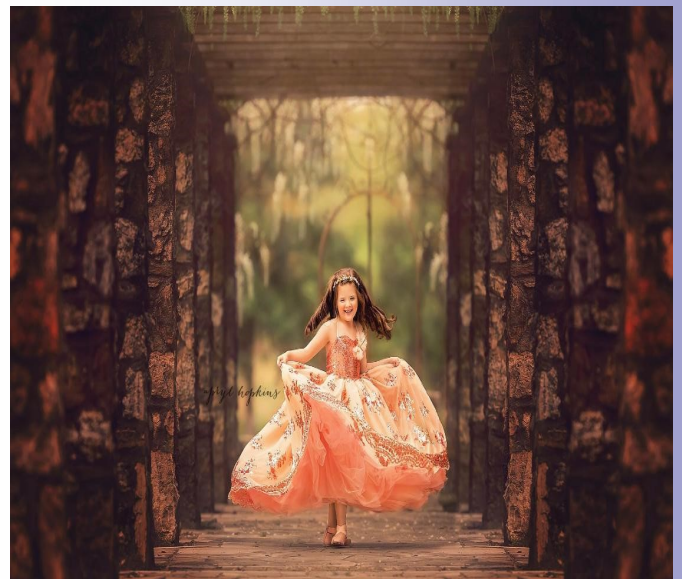
May in Florida: 24th Annual Conference on High Risk and Critical Care Obstetrics (Symposium Medicus)

June in Atlanta: AWHONN National Conference

July in Vail: Nurse Educators Conference in the Rockies.

Do you have some EBP topics you would like to discuss? Just send me your ideas and information!

Amber Lippincott MSN, RNC-OB, C-EFM
AmberLippincott@ppcc@edu



Western Slope Chapter

Hello Western Slope Chapter Members!

In August we were very fortunate to partner with Saint Mary's Hospital and Medical Center and welcome Lisa Miller to the western slope!

She of course was amazing, and provided us with such useful information on liability and risk management in perinatal care. She is also a truly nice person that is so easy to talk to, and explained things in a way that made them simple to understand. I was so fortunate to connect with so many of you at this event!



I would love to invite each of you to our next western slope chapter event at Vail Health Hospital, in Vail. We have secured a talented speaker that will update us on caring for families experiencing a fetal demise.

Please look for the flyer on the next page and I look forward networking with you again at our upcoming event in January!

Rainy Tieman DNP, MSN/Ed, RNC-MNN, RNC-OB, C-EFM

RainyTieman@gmail.com



Western Slope Chapter

Caring for Families Experiencing a Fetal Demise



Wednesday

January 23, 2019

Two Sessions Available

10am and 1pm

Cost:

Free for AWHONN Members

Non-Members: \$10

RSVP:

Rainytieman@gmail.com

Presented By:

Christy Ringler BSN, RNC

Perinatal Safety Educator/Childbirth Educator

Good Samaritan Medical Center

Vail Health Hospital

181 W. Meadow Drive

Vail, CO 81658



VAIL HEALTH



AWHONN

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

Save the Date!



Save the Date!!



SURVIVING, THRIVING & BEYOND

April 25-26, 2019

AWHONN Colorado Section Annual Conference
Antlers Hotel, Colorado Springs

Call for Posters: 2019 CO AWHONN Conference!

Applicants for consideration can address topics in completed quality improvement, clinical education, leadership change, or evidence-based practice projects related to women's health, obstetric and/or neonatal practice. Research studies in any stage of development will be given consideration.



Please submit a completed Poster Abstract:

Abstracts should clearly summarize your poster. The committee would like to know why you chose your project. Implications and significance for women's health, obstetric and/or neonatal practice should be presented. It should clearly describe what your objectives were. Describe what methods you used to do your work. State your results and recommendations.

Along with the abstract please provide:

Title: The title should spark interest, yet still clearly reflect the content. The title should be a concise statement of the main topic.

Bibliography: Reviewers want to see the scientific or academic basis for your presentation, the sources for your assertions. You will be asked to provide at least 5 references, preferably from peer reviewed journals. At least three references should be from the past five years. References should not be included in the text of the abstract.

Author Information: Please provide contact information, credentials and affiliations for all presenters.

CV/Resume: The first author and all those presenting must submit a current CV or resume.

Poster guidelines:

- Posters must avoid any semblance of commercialism: those constituting promotion and advertising are prohibited.
- Presenters are expected to be at their posters and available for questions for one hour during the specified time.
- Poster presenters will be provided with a 4 ft. x 6 ft. display.
- One free conference registration will be provided per one accepted poster.

Deadline for submission March 7, 2019

Presenters will be notified of a decision by April 1, 2019

Please return completed application to Rainytieman@gmail.com

Announcements



Call for AWHONN Outstanding Nurse Nominations

Do you know a nurse you would love to honor and nominate for the 2019 Colorado AWHONN nurse of the year award? We'd love to hear from you!

This award is to recognize AWHONN nurses who make an outstanding impact on the health of women and newborns and their nursing profession.

Eligible Criteria:

- Current RN license
- Current AWHONN membership (By March 1, 2019)

Nominees are evaluated based on evidence of the following qualities:

- Vision and passion regarding health promotion of women and newborns
- Passion and commitment to the nursing profession

Procedures:

- A subcommittee of the Colorado AWHONN Section selects the award recipient
- Nominees must have at least one (no more than 3) nomination letters
- Award recipient will be notified no later than March 31, 2019

Nominations are DUE: March 16, 2019

(To nominate see attached form on next page)



CO AWHONN Outstanding Nurse Nomination

Colorado AWHONN Outstanding Nurse Award

Nomination Form

Nominee Name: _____

Credentials: _____

Home Address: _____

Email Address: _____

Job Title/Position: _____

Employer: _____

AWHONN Member # (must be a member by March 1, 2019): _____

Years of AWHONN Membership _____

Name of Nominator: _____

Email Address: _____

Phone #: _____

Award Checklist:

Completed Nomination Form

Nomination/Recommendation Letter (1 minimum, 3 maximum)

Nominations should be scanned and emailed to: sheila.postiglione@unco.edu. Subject: COAWHONN



Announcements

You're Invited



Serving the Unique Family Seminar

Presented by Family to Family Support Network

Date: Monday, December 3rd

Time: 12:30 - 4:30

Location: Daniel's Fund 101 Monroe St. Denver, CO 80206

This seminar is the core training for the Unique Families Program™ and will provide an overview of the Unique Families Hospital Program™. Unique families can include: adoption and surrogacy arrangements; single, teen or same-sex parents; incarcerated patients; refugees and immigrants and those struggling with substance use disorder, sexual assault and domestic violence.

Invite your Team
to Learn about
FFSN



FAMILY^{TO} FAMILY
• SUPPORT NETWORK •

Family to Family Support Network (FFSN) is a pro-education, non-profit organization. Our mission is to partner with hospital professionals to acknowledge and serve the unique family and to send newborns home in the most secure arms possible. We support families to either parent or place through adoption and empower women to make informed choices, connecting them to local community support networks.

Register at:

familytofamilysupport.org/conferences-and-events/

Space is
limited!

Did you or another AWHONN member you know pass a certification exam? Graduate? Honored for an award? Or any other awesome reason to be recognized?

If so, please contact me! I'd love to honor them in the next upcoming AWHONN Newsletter!

RainyTieman@gmail.com